

BLEYL PHYSICAL EDUCATION RULES AND PROCEDURES

Physical Education Uniforms

Uniforms are available in the physical education department all year for \$20.00. \$10.00 for the T-shirt and \$10.00 for the shorts.

Locker Room and Lockers.

Each student will be issued a gym locker and lock. Students should not bring glass containers or aerosol bottles for precautionary reasons. Students should not share lockers or give out their combinations to anyone. **Backpacks, purses, bags, cell phones and are not allowed in the locker-room. No bags of any kind allowed in the locker-room.**

Physical Education Grading System

- 30% - Dressing out in gym uniform and tennis shoes (with shoe strings)
- 30% - Participation in fitness, sport, and game activities
- 40% - TEKS skills tests

Expectations

1. Students are expected to be on time everyday to class and to roll call
2. Students are expected to dress out **each day**. **REFUSAL to dress out is not an option.**
3. **Students are required to borrow a clean school gym suit if they forget to bring their gym suit.** Borrowers are washed by the coaches daily.
4. Students are expected to be in the locker-room when the tardy bell rings.
5. Jewelry is not allowed due to safety issues.
6. Students are expected to participate each day unless excused by a parent note (up to 2 days) or a doctor's note. Student will dress out even if they have a note if illness or injury allows.
7. Students are expected to treat the teachers and peers the way they would like to be treated. (No harassment, horseplay, disruptive, or harmful behavior.)
8. Students are expected to wear appropriate footwear – **No** flip-flops, sandals, slip ons, hard sole and/or backless shoes. Shoes should have shoe strings or fasteners.
9. All discipline matters will be handled according to the district and school policy.

Students who refuse to dress out

Will Receive a consequence for each refusal which would include but not be limited to: Morning and Saturday D-hall, DMC and Suspension.

DMC PLACEMENT

Student will be given a written assignment. Completion of this assignment will be their participation grade.

SUSPENSION

Student returning from suspension will be required to turn in a half page summary of any health, physical education or sport related topic for each day they were suspended. This will be due the day they return and will be their participation grade for days missed.