

BLEYL MIDDLE SCHOOL

GIRLS ATHLETIC RULES AND GUIDELINES

Sponsors and coaches of extracurricular activities may develop and enforce standards of conduct that are higher than the district's general standards and may condition membership or participation in the activity on adherence to those standards. Extracurricular standards of behavior may take into consideration conduct at any time, on or off school property. (Policy FNC Local)

Students participating in school related activities, such as extracurricular or UIL activities or other special functions, may have a different dress or grooming code required by the sponsor, the coach, or the administration. (CFISD Student Handbook and Code of Conduct)

1. Must have a physical examination from a doctor upon entering the class the **first day of school**.
2. Must have a copy of a birth certificate on file at school. (No 7th grader may turn 14 and no 8th grader may turn 15 on or before Sept. 1. of that school year.)
3. Must have an emergency travel card and an athletic acknowledgement form completed and returned to coach.
4. All girls enrolled in Athletics MUST tryout for one of the four sports offered: Cross Country, Volleyball, Basketball or Track. They don't have to make the Basketball or Volleyball team and in Cross Country or Track they must finish the season in good standing.
5. Athletes may be held to a higher standard.

ALL ATHLETIC STUDENTS

ATHLETES MAY BE DISMISSED FROM ATHLETICS FOR ANY OF THE FOLLOWING REASONS:

Medical condition that restricts physical activity for an extended period of time (The athlete will be re-admitted after a licensed physician gives clearance.)

Failing to maintain satisfactory grades or conduct grades

Failure to dress out and give a good effort (Students must dress out even if they are excused from participation.)

Numerous DMC assignments (**DMC is an unexcused absence**)

Tobacco, alcohol, drug possession and/or usage

Theft or destruction of school property

Failure to tryout for at least one sport

Any repeated or persistent misbehavior (**Two Level 2 / 3** offenses may result in removal from athletics.)

Leaving school grounds while under a coach's supervision

5. GRADES AND CONDUCT

Athletes must pass all subjects with at least a grade of 70 for the six-week period prior to participation and must maintain passing grades during the season. **Two consecutive "F"s on six weeks report card may result in removal from athletics.**

Athletes are to show good behavior at all times at school and school events. Athletes are to show respect for their teammates and coaches at all times.

6. OFF - SEASON PROGRAM

During each sport season, those not involved in that sport will be in an off-season work-out program. This program is designed for athletic conditioning and skill development. **The athletes must dress out everyday (in a Bleyl uniform) and give a good effort.** If the athlete does not want to play a sport next year or if she refuses to give a good effort or dress out, the athlete will be removed from the program and reassigned to a regular P.E. class. Students injured or excused for an extended period of time will be removed from Athletics until they have a clearance from a licensed physician. The off-season program will be “running based”. It will include timed runs, sprints, and agilities. Athletes must be willing to run daily to be in this class.

7. Athletes are to be at **ALL PRACTICES AND GAMES** unless excused by the coach.

Cross country, Volleyball and Basketball often practice in the mornings. All Athletes are expected to attend practices regardless of morning or afternoon times.

Athletes may be removed from the team for the following reasons

1. Unexcused absences from a game or track meet.

Having three unexcused absences from practices (Two unexcused absences will result in **a one game suspension.**)

If an athlete has tutorials or is absent from school because of illness or injury and cannot attend practice or a game, the athlete should contact the coach. Parents can leave a message at 897-4366 or email the coach. All other absences must be approved by the coach in advance.

Players will not color their hair a color other than a natural color. (Examples include but are not limited to: pink, purple, blue, green, yellow)

Players must make their own arrangements to be picked up at the designated time set by the Coach.

Athletes will be allowed to miss part of practice for tutoring or other school activities. When there is a conflict with another activity, the coach will confer with the sponsor for a solution.

8. BUS TRIPS

If Athletes ride the bus to a game, they must sign out before leaving with their parent. Athletes leaving with someone other than their parent must submit a note of approval to the coach.

Athletes will always be given an estimated time for return of the bus to the school and should inform their parents of the time they are to be picked up. Athletes will be allowed to call their parents on the way home from events.

Pick-up times will be estimated but these times are for reference only.

If athletes misbehave on the bus, they may be forbidden to ride the bus.

9. HOME AND AWAY GAMES

Players are encouraged to go home and return at a specific time if possible for Home games. (There is not enough time to go home for Away games.)

If a player must remain, he/she should go to their designated supervised area until game time, unless going to tutorials. (Teachers holding tutorials should give players a pass.)

Players should use good judgment if eating before the game (coach may set guidelines for before game eating habits.)

Players should be on their best behavior before, during, and after the game, as they are representing their school (often wearing the school uniform...you will not go undetected.)

Players should sit with their teams during both games. If you must leave to go to the restroom or have another emergency the coach must give permission.

Players should at all times remember the sportsmanship code and adhere to it.

10. PICK-UP BY PARENTS

Parents picking up their child after practice are asked to be at the school on time. Each coach will let the athletes know what time practice is over. If an athlete is not picked up on time after practice, she will be placed on the 4:30 late bus. Coaches may contact parents if their child is put on the late bus more than once.

AFTER GAMES - Please pick your son or daughter at the suggested pickup time.

WALKING HOME AFTER GAMES (OR TO ANY OTHER SITE)

We do not want the student to walk home after games unless the parent feels it is safe for their child to walk home. The parent must write a note to let the coach know this is approved.

11. EQUIPMENT

Athletes are responsible for any equipment issued to them and must pay for any damaged or missing items.

Uniforms are for games only and are not to be worn at any other time. Travel bags can be purchased from the coaches.

All equipment should be **TURNED IN CLEAN** at the end of the season.

CARE OF UNIFORMS: Wash separately in cold water. Do not dry uniforms in automatic dryers. They shrink. Hang to dry or put on air cycle only.

Parents will be advised by telephone of any disciplinary action being taken for violation of the rules.

Brenda Cagle – Girls Athletic Coordinator, Head boys and girls cross country and 8th grade Track. Brenda.Cagle@cfisd.net

Laurie Franklin – 8th grade Volleyball, 8th grade Basketball and 7th grade Track.

Laurie.Franklin@cfisd.net

Tiffany Vance – 7th grade Volleyball and 7th grade Basketball. Tiffany.Vance@cfisd.net

